



# REGISTRATION FORM NIHON TAI JITSU TRAINING BY VIDEOCONFERENCE



The International Association of Nihon Tai Jutsu, in collaboration with the Departmental Committee of Karate of Essonne proposes you a free Nihon Tai Jutsu training by videoconference via Zoom application on **Saturday 11<sup>th</sup> June 2022**, The training is open to everyone, whatever your discipline, your technical level (beginner accepted).

Our friends from abroad are also welcome.

<b>Name :</b>		<b>First name :</b>	
<b>Discipline :</b>			
<b>Club :</b>			
<b>Email :</b>			
<b>Country :</b>			
<i>For non-French practitioners.</i>			

Please send completed form to Laurent LARIVIERE  
[stage.zoom@aintj.net](mailto:stage.zoom@aintj.net).

You will receive in return the connection link and your password as well as the instructions for the proper conduct of the training.

Technical programm :

- Self Defense : Defense against attacks from the front, side, back...
- Various revisions Kata and / or Bases

