

NIHON TAI JITSU TRAINING BY VIDEO



Laurent LARIVIERE
NTJ / FFK 6th Dan



Free Training

SATURDAY 08th MAY - 2.00 - 4.00 pm - SUNDAY 09th MAY - 10.00 - 12.00 am

Mandatory pre-registration
Contact : Laurent
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Saturday : Nihon Tai Jitsu 2nd Kata
Sunday : Self Defense - Defense against attacks from the front